

**Sunday 9 October 2011 C. W. Post Masters Yard Meet Results**

Name	Age	Team	Finals	
<b>Women 18-24 200 Yard Freestyle</b>				
1 Churchill, Sylvia	22	Unattached	2:43.89	
40.30	1:22.82	(42.52)	2:05.18	(42.36) 2:43.89 (38.71)
<b>Women 18-24 100 Yard Breaststroke</b>				
1 Churchill, Sylvia	22	Unattached	1:34.93	
44.98	1:34.93	(49.95)		
<b>Women 18-24 200 Yard IM</b>				
1 Churchill, Sylvia	22	Unattached	3:02.35	
38.76	1:29.63	(50.87)	2:20.07	(50.44) 3:02.35 (42.28)
<b>Women 30-34 50 Yard Freestyle</b>				
1 Stephens, Sicily	32	AQFT	46.87	
<b>Women 30-34 100 Yard Breaststroke</b>				
1 Stephens, Sicily	32	AQFT	2:01.95	
56.61	2:01.95	(1:05.34)		
<b>Women 30-34 50 Yard Butterfly</b>				
1 Stephens, Sicily	32	AQFT	59.13	
<b>Women 35-39 50 Yard Freestyle</b>				
1 Borell, Sarah	39	Unattached	28.39	
<b>Women 35-39 100 Yard Freestyle</b>				
1 Borell, Sarah	39	Unattached	1:01.82	
29.25	1:01.82	(32.57)		
<b>Women 35-39 500 Yard Freestyle</b>				
1 Borell, Sarah	39	Unattached	6:29.11	
32.78	1:09.65	(36.87)	1:48.85	(39.20) 2:28.58 (39.73)
3:09.59	(41.01)	3:50.47	(40.88)	4:30.73 (40.26) 5:10.72 (39.99)
5:50.10	(39.38)	6:29.11	(39.01)	
<b>Women 35-39 100 Yard IM</b>				
1 Borell, Sarah	39	Unattached	1:13.34	
33.76	1:13.34	(39.58)		
<b>Women 45-49 50 Yard Freestyle</b>				
1 Ditommaso, Laurie	49	GSM	28.38	
<b>Women 45-49 50 Yard Breaststroke</b>				
1 Koster, Carolyn	49	POST	35.63	
2 Ditommaso, Laurie	49	GSM	36.90	
<b>Women 45-49 50 Yard Butterfly</b>				
1 Ditommaso, Laurie	49	GSM	29.35	
2 Koster, Carolyn	49	POST	32.87	
<b>Women 45-49 100 Yard IM</b>				
1 Ditommaso, Laurie	49	GSM	1:10.64	
32.59	1:10.64	(38.05)		
2 Koster, Carolyn	49	POST	1:13.03	
35.18	1:13.03	(37.85)		
<b>Women 50-54 500 Yard Freestyle</b>				
1 Snyder, Sharon	53	AGUA	9:34.80	
49.11	1:42.97	(53.86)	2:38.01	(55.04) 3:35.67 (57.66)
4:34.00	(58.33)	5:32.80	(58.80)	6:33.04 (1:00.24) 7:34.32 (1:01.28)
8:35.19	(1:00.87)	9:34.80	(59.61)	
<b>Women 50-54 50 Yard Butterfly</b>				
1 Snyder, Sharon	53	AGUA	49.63	
<b>Women 50-54 100 Yard Butterfly</b>				
1 Snyder, Sharon	53	AGUA	1:58.39	
53.40	1:58.39	(1:04.99)		
<b>Women 50-54 200 Yard Butterfly</b>				
1 Snyder, Sharon	53	AGUA	4:07.29	
54.81	1:58.41	(1:03.60)	3:03.35	(1:04.94) 4:07.29 (1:03.94)

Name	Age	Team	Finals			
<b>Women 50-54 400 Yard IM</b>						
1 Snyder, Sharon	53	AGUA	8:23.11			
	55.66	1:57.53 (1:01.87)	3:02.69 (1:05.16)	4:10.03 (1:07.34)		
	5:19.37 (1:09.34)	6:29.36 (1:09.99)	7:26.82 (57.46)	8:23.11 (56.29)		
<b>Men 18-24 50 Yard Freestyle</b>						
1 Koralewski, Brian	24	POST	23.11			
<b>Men 18-24 200 Yard Freestyle</b>						
1 Koralewski, Brian	24	POST	1:51.39			
	25.17	53.04 (27.87)	1:22.31 (29.27)	1:51.39 (29.08)		
<b>Men 18-24 500 Yard Freestyle</b>						
1 Koralewski, Brian	24	POST	5:18.12			
	27.11	57.77 (30.66)	1:30.06 (32.29)	2:03.27 (33.21)		
	2:36.49 (33.22)	3:09.73 (33.24)	3:43.13 (33.40)	4:15.58 (32.45)		
	4:47.29 (31.71)	5:18.12 (30.83)				
<b>Men 18-24 100 Yard IM</b>						
1 Koralewski, Brian	24	POST	57.83			
	27.05	57.83 (30.78)				
<b>Men 25-29 50 Yard Freestyle</b>						
1 Soffer, Gaash	29	Unattached	26.38			
<b>Men 25-29 100 Yard Freestyle</b>						
1 Soffer, Gaash	29	Unattached	1:04.29			
	30.50	1:04.29 (33.79)				
<b>Men 25-29 50 Yard Butterfly</b>						
1 Soffer, Gaash	29	Unattached	29.26			
Name	Age	Team	Finals			
<b>Men 30-34 50 Yard Freestyle</b>						
1 Zaratin, Erik	32	POST	24.96			
<b>Men 30-34 100 Yard Freestyle</b>						
1 Zaratin, Erik	32	POST	54.23			
	26.67	54.23 (27.56)				
<b>Men 35-39 50 Yard Freestyle</b>						
1 Chu, Clifford	35	AQFT	31.66			
<b>Men 35-39 100 Yard Freestyle</b>						
1 Chu, Clifford	35	AQFT	1:16.02			
	36.83	1:16.02 (39.19)				
<b>Men 35-39 200 Yard Freestyle</b>						
1 Chu, Clifford	35	AQFT	2:46.85			
	34.68	1:14.87 (40.19)	2:00.17 (45.30)	2:46.85 (46.68)		
<b>Men 35-39 500 Yard Freestyle</b>						
1 Chu, Clifford	35	AQFT	7:59.53			
	37.16	1:20.69 (43.53)	2:06.80 (46.11)	2:56.64 (49.84)		
	3:47.56 (50.92)	4:38.65 (51.09)	5:30.24 (51.59)	6:21.96 (51.72)		
	7:12.87 (50.91)	7:59.53 (46.66)				
<b>Men 45-49 50 Yard Freestyle</b>						
1 Ruttkay, Milan	47	METR	26.12			
2 Martell, Lawrence	49	POST	27.90			
<b>Men 45-49 100 Yard Freestyle</b>						
1 Ruttkay, Milan	47	METR	56.59			
	27.28	56.59 (29.31)				
<b>Men 45-49 200 Yard Freestyle</b>						
1 Martell, Lawrence	49	POST	2:16.87			
	30.66	1:04.82 (34.16)	1:41.21 (36.39)	2:16.87 (35.66)		
<b>Men 45-49 50 Yard Backstroke</b>						
1 Conaton, Mike	48	Unattached	28.33			

Name	Age	Team	Finals			
<b>Men 45-49 100 Yard Backstroke</b>						
1 Conaton, Mike	48	Unattached	1:01.67			
	30.65	1:01.67 (31.02)				
2 Ruttkay, Milan	47	METR	1:10.77			
	34.17	1:10.77 (36.60)				
<b>Men 45-49 50 Yard Breaststroke</b>						
1 Martell, Lawrence	49	POST	32.64			
<b>Men 45-49 100 Yard Breaststroke</b>						
1 Ruttkay, Milan	47	METR	1:16.88			
	35.49	1:16.88 (41.39)				
<b>Men 45-49 50 Yard Butterfly</b>						
1 Cataldo, Keith	49	AQFT	32.14			
<b>Men 45-49 100 Yard IM</b>						
1 Cataldo, Keith	49	AQFT	1:11.99			
	35.06	1:11.99 (36.93)				
<b>Men 45-49 200 Yard IM</b>						
1 Cataldo, Keith	49	AQFT	2:40.91			
	32.46	1:17.85 (45.39)	2:02.83 (44.98)	2:40.91 (38.08)		
<b>Men 50-54 50 Yard Freestyle</b>						
1 Brown, Jason	52	AQFT	27.45			
2 Goran, Steven	53	TNYA	46.68			
<b>Men 50-54 500 Yard Freestyle</b>						
1 Brown, Jason	52	AQFT	6:04.33			
	32.42	1:08.70 (36.28)	1:45.99 (37.29)	2:23.55 (37.56)		
	3:01.35 (37.80)	3:38.62 (37.27)	4:15.67 (37.05)	4:52.42 (36.75)		
	5:29.45 (37.03)	6:04.33 (34.88)				
<b>Men 50-54 50 Yard Backstroke</b>						
1 Goran, Steven	53	TNYA	1:14.67			
<b>Men 50-54 100 Yard Backstroke</b>						
1 Goran, Steven	53	TNYA	2:35.70			
	1:13.56	2:35.70 (1:22.14)				
<b>Men 50-54 50 Yard Butterfly</b>						
1 Brown, Jason	52	AQFT	31.30			
2 Goran, Steven	53	TNYA	59.07			
<b>Men 50-54 200 Yard IM</b>						
1 Goran, Steven	53	TNYA	5:09.32			
	1:09.21	2:35.51 (1:26.30)	4:01.55 (1:26.04)	5:09.32 (1:07.77)		
<b>Men 55-59 50 Yard Backstroke</b>						
1 Longo, Ken	58	POST	30.91			
<b>Men 55-59 100 Yard Backstroke</b>						
1 Longo, Ken	58	POST	1:08.67			
	32.92	1:08.67 (35.75)				
<b>Men 60-64 50 Yard Freestyle</b>						
1 Filatov, Stan	62	REDT	29.12			
<b>Men 60-64 100 Yard Freestyle</b>						
1 Filatov, Stan	62	REDT	1:09.99			
	32.74	1:09.99 (37.25)				
<b>Men 60-64 500 Yard Freestyle</b>						
1 Kolonkowski, Bob	63	AGUA	8:17.50			
	39.87	1:28.77 (48.90)	2:18.15 (49.38)	3:07.51 (49.36)		
	4:02.59 (55.08)	4:59.86 (57.27)	5:41.75 (41.89)	6:21.77 (40.02)		
	7:22.75 (1:00.98)	8:17.50 (54.75)				
<b>Men 60-64 50 Yard Butterfly</b>						
1 Filatov, Stan	62	REDT	30.81			
2 Kolonkowski, Bob	63	AGUA	34.76			

Name	Age	Team	Finals		
<b>Men 60-64 100 Yard Butterfly</b>					
1 Kolonkowski, Bob	63	AGUA	1:21.21		
	35.88		1:21.21 (45.33)		
2 Filatov, Stan	62	REDT	1:32.38		
	43.05		1:32.38 (49.33)		
<b>Men 60-64 200 Yard Butterfly</b>					
1 Kolonkowski, Bob	63	AGUA	3:09.11		
	40.76		1:28.56 (47.80)	2:20.03 (51.47)	3:09.11 (49.08)
2 Filatov, Stan	62	REDT	3:16.99		
	43.60		1:34.58 (50.98)	2:27.42 (52.84)	3:16.99 (49.57)
<b>Men 65-69 50 Yard Freestyle</b>					
1 Jones, Christopher	65	METR	30.91		
<b>Men 65-69 50 Yard Backstroke</b>					
1 Grashow, Mark	66	METR	33.92		
<b>Men 65-69 50 Yard Breaststroke</b>					
1 Jones, Christopher	65	METR	39.71		
<b>Men 65-69 100 Yard IM</b>					
1 Grashow, Mark	66	METR	1:14.84		
	33.33		1:14.84 (41.51)		
2 Jones, Christopher	65	METR	1:26.98		
	42.43		1:26.98 (44.55)		
<b>Men 70-74 50 Yard Freestyle</b>					
1 Schloss, Steve	74	METR	39.84		
2 Hatchette, Michael	70	Unattached	44.45		
<b>Men 70-74 100 Yard Freestyle</b>					
1 Schloss, Steve	74	METR	1:30.73		
	42.80		1:30.73 (47.93)		
2 Hatchette, Michael	70	Unattached	1:48.10		
	50.07		1:48.10 (58.03)		
<b>Men 70-74 200 Yard Freestyle</b>					
1 Schloss, Steve	74	METR	3:26.26		
	45.43		2:34.13 (1:48.70)	3:26.44 (52.31)	3:26.26 ( )
<b>Men 70-74 500 Yard Freestyle</b>					
1 Schloss, Steve	74	METR	9:52.81		
	48.56		1:47.86 (59.30)	2:50.83 (1:02.97)	3:52.83 (1:02.00)
			4:55.83 (1:03.00)	5:57.18 (1:01.35)	6:59.15 (1:01.97)
			8:59.18 (59.28)	9:52.81 (53.63)	7:59.90 (1:00.75)
<b>Men 70-74 50 Yard Backstroke</b>					
1 Hatchette, Michael	70	Unattached	1:02.62		
<b>Men 70-74 100 Yard Breaststroke</b>					
1 Berghaus, Peter	70	CONN	1:41.85		
	47.96		1:41.85 (53.89)		
<b>Men 70-74 200 Yard Breaststroke</b>					
1 Berghaus, Peter	70	CONN	3:41.98		
	51.79		1:49.45 (57.66)	2:46.97 (57.52)	3:41.98 (55.01)
<b>Men 70-74 100 Yard IM</b>					
1 Hatchette, Michael	70	Unattached	2:12.00		
	1:04.25		2:12.00 (1:07.75)		
<b>Men 70-74 200 Yard IM</b>					
1 Berghaus, Peter	70	CONN	3:33.07		
	52.54		1:46.06 (53.52)	2:43.24 (57.18)	3:33.07 (49.83)
<b>Men 70-74 400 Yard IM</b>					
1 Berghaus, Peter	70	CONN	7:31.84		
	52.63		1:54.09 (1:01.46)	( )	3:49.62 (1:55.53)
			4:49.72 (1:00.10)	5:47.03 (57.31)	6:40.18 (53.15)
					7:31.84 (51.66)
<b>Men 75-79 50 Yard Freestyle</b>					
1 Sheppard, Stephen	75	METR	46.09		

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<b>Men 75-79 100 Yard Freestyle</b>				
1 Sheppard, Stephen	75	METR	1:45.87	
	51.59		1:45.87 (54.28)	
<b>Men 75-79 200 Yard Freestyle</b>				
1 Sheppard, Stephen	75	METR	3:57.48	
	54.75		1:55.15 (1:00.40)	2:57.41 (1:02.26) 3:57.48 (1:00.07)
<b>Men 75-79 500 Yard Freestyle</b>				
1 Sheppard, Stephen	75	METR	10:27.46	
	56.76		1:57.69 (1:00.93)	3:01.64 (1:03.95) 4:06.04 (1:04.40)
	5:10.29		(1:04.25) 6:15.54 (1:05.25)	7:18.55 (1:03.01) 8:24.18 (1:05.63)
	9:26.61		(1:02.43) 10:27.46 (1:00.85)	
<b>Men 80-84 50 Yard Freestyle</b>				
1 Goldner, Fred	84	CONN	54.87	
<b>Men 80-84 100 Yard Freestyle</b>				
1 Goldner, Fred	84	CONN	2:05.49	
	58.00		2:05.49 (1:07.49)	
<b>Men 80-84 200 Yard Freestyle</b>				
1 Goldner, Fred	84	CONN	4:27.24	
	57.30		2:09.04 (1:11.74)	3:18.79 (1:09.75) 4:27.24 (1:08.45)
<b>Men 80-84 500 Yard Freestyle</b>				
1 Goldner, Fred	84	CONN	11:23.81	
	57.77		2:08.01 (1:10.24)	3:18.73 (1:10.72) 4:27.61 (1:08.88)
	5:30.71		(1:03.10) 6:46.82 (1:16.11)	7:55.99 (1:09.17) 9:05.07 (1:09.08)
	10:17.07		(1:12.00) 11:23.81 (1:06.74)	
<b>Men 90-94 50 Yard Backstroke</b>				
1 Lynch, Walter	90	AQFT	1:04.66	
<b>Men 90-94 100 Yard Backstroke</b>				
1 Lynch, Walter	90	AQFT	2:20.14	
	1:07.29		2:20.14 (1:12.85)	
<b>Men 90-94 50 Yard Breaststroke</b>				
1 Lynch, Walter	90	AQFT	1:20.50	